Catalonia with family all year round
Hello! You already know that Catalonia is an excellent holiday destination throughout the year. Here we present a wide variety of fun, surprising and interesting activities. There is something for all tastes and ages.

Will you be coming in winter? There are great options to enjoy the snow, in astronomical parks, tours of the countryside and the mountains, Christmas activities and more. If you prefer spring, historic trails await you; nature walks on foot, by bike, on horseback, by donkey, by boat, theme parks, adventure sports, circuits with tracks, visits to farms, etc.

In summer, the offer is splendid: discovery routes through the countryside, mountains and villages, diving to the bottom of the sea, bathing and water sports, boat rides, swimming among tuna, finding treasures, solving enigmas... And in autumn it is a delight to walk through nature on foot, on horseback, by bike, learn to fish, listen to the bellowing of the deer, have fun in the adventure parks, visit caves and museums, become an artisan, live a day on a farm, observe the sky... and there are very attractive proposals to experience a terrifying Halloween.

You will also find an accommodation network that is family-friendly certified by the Catalan Tourist Board that guarantees a stay adapted to your needs.

So, you see, you’re going to have a great time. If you want to know the most family-friendly destinations and multiple proposals to discover Catalonia as a family, visit: https://isyourhome.catalunya.com/family-holidays-in-catalonia/

Where to go with your family?

- Family-friendly holiday destinations
- Mountain and snow stations
- Water sports centres
- Airport
- Port
- Train
- Family sporting holidays
- Snow activities
- Sea and beach
- Nature and mountain adventure
- Nature and sea adventure
- Theme parks
- Tours with children
- Visit and learn
- Popular festivals and others

Average daytime temperatures

Distance between provincial capitals

Catalonia with family all year round
**SING**

**COSTA DURARRIA**

Mont-rig del Camp

Joan Miro’s landscape

How did the artist live in Mas Miro? You will visit his family summer home and his sur-
roundings with educators to get to know him better. Surrounded by gardens and fields, it has a picnic area.

**COSTA DURARRIA**

Castell

Excursion to the lighthouse

At the Catlla Lighthouse Inter-
pretation Centre, this guide explains how the lighthouse worked and how they commu-
nicated with the boats. And you can visit the lighthouse inside. From this lookout, the views are magnificent.

**COSTA DURARRIA**

Roses

A safari in Roses?

In the Ciudad of Roses, an unusual activity has been pre-
pared for you: discover animals. ‘Tartist al Museu’ is a clue game that will take you to the animals that are hidden in the Espai Cultural La Cruïlla. Sharpen your wits because they aren’t easy to find.

**COSTA BARCELONA**

Vilanova i la Geltrú

Railway Museum

The Little Station has been rec-
reated at the Catlla Railway Museum, a space for children. You will be transported back in time by Car-
lota and Victor, the protagonists of the house of thuis story.

**COSTA BARCELONA**

Castelldefels

A journey of 2,500 years

Travel thousands of years and be an Iberian! In the Iberian Ciudad of Castelldefels, a site from the Iron Age, you can go inside the houses, learn as Iberians and participate in workshops and games.

**PYRENEES OF CATALONIA**

Olot

Animals and emotions

The Eagles, those dear unbuttoned shoes, the Patufet squirrel eats out of your hand and Nelix the fox likes to be pampered. They are in the Olot Zoo in the Pyrenees, a fauna refuge that houses 230 animals.

**COSTA BARCELONA**

Prades Mountains

Shepherd for a day

Tribute to the shepherds on a guided excursion through the mountains of Prades. After a picnic lunch, the shepherd will explain his trade to you while you walk with his goats and help him keep them.

**COSTA BARCELONA**

Barcelona

A botanical walk

Thousands of plants from all over the world await you at the Marmurtra Botanical Garden, located on the first cliffs of the Costa Brava. The Linnaeus shine will impress you.

**COSTA DURARRIA**

Pineda de Mar

Pirates and smugglers

Learn about the origins of Pineda de Mar along the path of pirates and smugglers. You will discover ancient ruins along this route. The trip ends in the rural Marpi Foundation environment classroom.

**PYRENEES OF CATALONIA**

La Seu d’Urgell

Tame the wild waters

You can take part in this activity, start canyoning, the beauti-
ful Straits of Sant Aniol. The organisation provides the material, explains how to rappel and how to pass over the rapids safely. At the end of the activity, you will receive a photographic report.

**COSTA DURARRIA**

Sant Feliu de Quiloxis

Walk on the sea

In Cala Molí, there is the only railway in Europe suspended over the sea, a creation of the Sant Feliu de Guíxols Adventure Park dedicated to families. There are two accessible and absolutely safe sections of steps, cable and iron bridges. Access is through the incoarpatable Carrer de Ronda.

**COSTA BARCELONA**

Barcelona

Walk on the bottom of the sea

Walk among mantas, moray eels and sharks in the L’Aquàri-
um oceanarium, the largest and most spectacular underwater tunnel in Europe. If you want to get very close to them, sign up for ‘Dive with sharks’.

**PYRENEES OF CATALONIA**

Vall de Camprodon

Excursions

You will visit his family summer home and his sur-
roundings with educators to discover animals. ‘Tartist al Museu’ is a clue game that will take you to the animals that are hidden in the Espai Cultural La Cruïlla. Sharpen your wits because they aren’t easy to find.

**COSTA BARCELONA**

Castelldefels

Pirates

Do you want to be pirates, know how to find a treasure or take over a boat? Do you know why they were so feared? You will discover all this and much more in ‘Piratia’, an immersive experience in piracy. They await you at the Piracy and History Interpretation Centre at the Castelldefels castle.

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**PYRENEES OF CATALONIA**

Salou

Thrills and adventures

A big adventure, Salou is a very special park where you will enjoy two activities, with a large mini golf course, a paint-
ball circuit for children and a very exciting game, the Big Box Game, an archery team match. And the Els Pilons beach is also very close.

**COSTA DURARRIA**

Blanes

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**PYRENEES OF CATALONIA**

La Seu d’Urgell

Tame the wild waters

The Sagrari Olympic Park, the venue for canoeing in the 1982 Olympic Games, it is an ideal place for water sports in the heart of nature. From boat rides, in kayaks or canoes with
Journey on the Train dels Llacs
Tunnels, gorges and lakes are the landscapes that make up the Train dels Llacs route, which goes from Plana de Lleida to the Pyrenees. You can travel on the historic or modern train.

Orientation circuits
Families with an exploring soul will put themselves to the test in the Vall de Boí through three circuits: Barruera, Durro and Taüll. You’ll need to find various objects that will reveal the secrets of the valley. You can get the maps from the Tourist Office or on the web.

Climb to two thousand metres altitude
Going to the Vall de Núria on the rack railway is spectacular. Many activities await you and there is a cable car that goes up to the Puig de l’Àliga.

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Family
A park cable circuit
For beginners, the Olympic Cable Park has a 10-metre circuit, attached to a cable, together with a monitor; you slide through the water on a board. For veterans, there is an obstacle course.

Family
Water adventure
It is so exciting to go down a river avoiding the currents or to hang down the rocky wall on a tent. In short, there are specialists in adventures on the water. Do you dare to go rafting and on the flydespided on the Noguera Pallaresa, the best whitewater river in Europe?

Family
Pedaling
Getting to know Santa Susanna by bike is great fun and Descant has a perfect bike for everyone and all the material you need to get going. You can go on your own or sign up for the excursions and guided tours available for families and groups.

Family
On a donkey through the Pedra Tosca
The Pedra Tosca park in Lleida is like a maze, a natural and rural space of great value with dry stone walls, paths and ancestral cultivated fields. A place to visit with the family. Rucs i Someres offers a proposal to explore it in a very special way on the back of a Catalan breed donkey.

Family
COSTA BARCELONA
Undersea adventure
Immerse yourself among the starfish and sea urchins.

In the waters of Cambrils are full of starfish, sea urchins and other activities. The guided tour of the Gerber suspended valley. The forest and to the waterfall in Maurici Natural Park goes into the world of tuna. In the pools of the Balfegó Group, you can swim among hundreds of bluefin tuna, some of which are enormous.

NATURE AND ADVENTURE
COSTA BARCELONA
Swim among the bluefin tuna
Swim among bluefin tuna in Ametlla de Mar from the tuna Tour Catalan to discover the world of tuna. In the pools of the Balfegó Group, you can swim among hundreds of bluefin tuna, some of which are enormous.

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SPORTING HOLIDAYS
Costa Barcelona
COSTA BARCELONA
Santa Susanna
SPORT AND BEACH
TORRES DE LEVERE
La Rápita
The rafting route
From La Rápita, you can take a boat ride through the banks of the Ebro to the Mussel Museum. In the estuary and mussel nurseries, you can watch the tainting and production of a glass of cava. For children, a soft drink and a snack.

Costa Brava
COSTA BARCELONA
Blanes
The two faces of the Costa Brava
To admire the Costa Brava from the sea and under the sea with a Dolfi Jet Boats, with an underwater viewing cabin.

Costa Brava
COSTA BARCELONA
Lloret de Mar
Enigmas and hidden clues with the family
Do you know the challenge? In L’enigma dels jardins, a leisure hunt and an enigma will reveal the fauna and flora of the Santa Cristina gardens. In L’enigma del bosc, the hidden clues will lead you to the end of the game while you learn about the history of the Fenals forest. All you need is ingenuity and comfortable shoes.

Pyrenees of Catalonia
Vall de Comprendó
The valley in a game
Lala and Pol, accompanied by the donkey Picu, are the young heritage detectives of the Valls Catalanas who will discover their towns in an entertaining way. Investigating mysteries, solving enigmas and getting to know the beautiful contours of this Pyrenean valley.

Pyrenees of Catalonia
Vall de Núria
Kamikazes, giant floats, pools and more.
Thousands of square metres of fun in the water await you at Illa Fantasia: unique slides, large waves, water slides,中国足球竞彩网, VIllassar de Dalt.

Pyrenees of Catalonia
Valls d’Àneu
PEUFORTE RIDING CENTRE ORGANISES
Pyrenees riding on horseback?
The Peufort riding centre organises tours of the Pyrenees on horseback. This Pyrenean valley is full of surprises.

Wild fauna
In the MitMarea de Son nessine, you can observe the animals and participate in an observations and activities and guided tours to learn how to identify their footprints and tracks. You’ll most likely see deer and protected species such as the boreal lynx and the bearded vulture.

Family holidays
At Marineland Catalonia, you can go on your own or with the family dip and more.

Pyrenees of Catalonia
Valls de Àger
THEME PARKS
Ports
Row in a rowboat
Lo Sirgador offers a guided tour on a dugout, a traditional fishing boat, along the final stretch of the River Ebro. You will see Tortosa from the river and the oxen on Vinalop Island. If you get up early, enjoy a glass of cava and a cake.

Pyrenees of Catalonia
Pyrenees - Noguera Pallaresa
Walking one hundred trails
More than one hundred trails connect the small towns of Pallars and are still used by shepherds. There are many types of routes: cultural, scenic, nature, refuge, etc.

Pyrenees of Catalonia
Pyrenees - Noguera Pallaresa
Horse riding
Would you like to discover the Pyrenees on horseback? The Peufort riding centre organise tours of the Pyrenees on horseback. This Pyrenean valley is full of surprises.
The painted forest of Poblet is a unique landscape. You can hunt for painted mushrooms, canvas soot trees, painted stones and explain about each one of the fifteen volcanoes. During the tour you will have to leave Gavàs at 7:30 a.m. and you will have very good eyesight to find them.

The Noguera Pallaresa river offers the most beautiful landscapes. For beginners, the Fishing School offers courses on this tour. The mushrooms will be toasted and you will take it home as a souvenir.

Tronòmic del Montsec is a beautiful place to discover hidden corners and how toads control insect pests. The mushrooms will be toasted and you will take it home as a souvenir.

The Gaudí Center in Reus is a great place to learn about Antoni Gaudí at first hand. You will have to arrive at the Cap de Creus National Park at 8 a.m. for a day and will learn to play the cello, Casals’ instrument. Thanks to the spectacular 360° audiovisual presentation, as well as with the models and audiovisuals, projected on the Palaeolithic cave of Font de Queralt, you will explore the history of Poblet. In the painted forest of Poblet, you can hunt for mushrooms on this tour. The mushrooms are painted on the trees by artist Genís Collell and you will have very good eyesight to find them.

The Poblet Monastery offers a fantastic visit that ends in a treasure hunt with the help of a map. It’s goblins, who will challenge you to find the treasure and you can learn to make a piece of leather, their trades and you can learn how to toast chestnuts and make panellets. They teach you how to toast chestnuts and make panellets. The most fun attraction at the Jumpland adventure park, in the middle of an olive grove, is its Mega Jump zip wire, 140 metres long. You will arrive at an underground cave set with spectacular sight and sound effects. There are circuits with different levels of difficulty.

Halloween in Port Aventura Terrifying landscapes, amazing food, it’s Halloween in Port Aventura, a mysterious and terrifying experience in a spookily venue. The Isla Maldita passage is a terrifying journey through the story of Zombie Love.
WINTER

With boots on

The path to Les Quillars starts from the church of Sant Climent de Taüll, which goes into the woods after crossing a bridge over the river. You will arrive at a lookout point from where you can see the Vall de Boí and its eight charming villages.

A high altitude journey

The audio guide of the rack railway that takes you to the Vall de Núria recounts the history of the valley while you walk through the snowy landscape guarded by very high peaks. Upon arrival, the Coma del Clot guarded by very high peaks. The capital of the Pyrenees.

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The capital of the Pyrenees.
Discover the best family tourism accommodation

Children-friendly hotels, campsites, apartments, hostels and rural houses for your family getaway.
Family-friendly beach holidays
Nature and Mountains with the Family
Family facilities and travel agency

catalunya.com
act.gencat.cat